

Staying safe

Achieving for Children's Early Help Services provide a range of youth activities and support services for young people. Young people may have questions or concerns and want to talk with someone about how they feel or about their friends. We can offer young people space to meet with our youth workers across Kingston and Richmond. Below is a range of local activities that young people can access for support now.

Young People Substance Misuse Service

Young people can get in touch with us online at:

yes@achievingforchildren.org.uk or

smsreferrals@achievingforchildren.org.uk

They can visit, call or text us at:

020 8547 6920

The Young People's Substance Misuse Service is for children and young people who have identified substance-related need. This could be young people who are using novel psychoactive substances, illicit substances or drinking alcohol. The service provides outreaching preventative and targeted work with young people in an educative way in partnership with schools and other agencies, as well as more intensive support and interventions for young people whose substance use is more complex and/or affecting their day-to-day relationships, emotional and physical health, and where they require a more intensive specialist approach.

Assemblies and parents sessions can be offered to support schools in partnership with Daniel Spargo Mabbs Foundation, with a specific focus on MDMA www.dsmfoundation.org.uk

Youth Service: 020 8891 7537

The Youth Service is for young people aged 11 to 18 (up to 24 for disabled young people). The activities and programmes on offer are diverse, we provide universal open club youth projects, such as sports, outdoor activities, information and support, personal development and accreditation throughout the week accessible to all young people.

We offer advice and support on risky behaviours through the **Youth Enquiry Service: 020 8288 7505**

Monday 3.30 to 6.00pm - Guildhall 1 reception

Thursday 3.00 to 5.30pm - YES Youth Bus
(outside JD Sports Kingston)

Friday 1 to 5.00pm - The Garage@Heatham House

Youth clubs: Kingston

Albany Park Outdoor Centre: 020 8549 3066

Dickerage Sports and Community Centre: 020 8942 1707

Kingsnympton Youth Centre: 07823 532603

School Lane Youth Centre: 07500 915085

Youth clubs: Richmond

Ham Youth Centre: 07903 349719

Hampton Youth Project: 020 8288 0864

Heatham House Youth Centre: 020 8288 0950

Whitton Youth Zone: 020 8734 3414

Powerstation Youth Club: 020 8891 7537

For our water and holiday programmes book here

<https://uk.bookingbug.com/home/45738-Achieving-for-Children>

Single Point of Access (SPA)

Protecting children and young people from harm is one of the most important things we do. We are committed to ensuring that all children with additional needs are identified early, referred to appropriate services and monitored through effective information sharing between agencies and professionals. Our single point of access (SPA) acts as a central information hub.

Kingston & Richmond: 020 8547 5008

Or 020 8770 5000 after 6pm

Local services

Off the Record: 020 8744 1644 infor@otrtwickenham.com

Appointment based counselling

Relate: 020 8940 8578

counselling@relatekh.org

Appointment based counselling

National Support Lines

Childline: 0800 1111

Samaritans: 08457 909090

NSPCC: 0808 800 5000

Drugwise: promoting evidence-based information on drugs, alcohol and tobacco

Talk to Frank: 0300 123 6600

FRANK helps you find out everything you might want to know about drugs (and some stuff you don't). Friendly, confidential advice service.

<http://www.talktofrank.com/get-help>

Urban 75: UK National Drugs Helpline: 0800 776600

Drink Aware: www.drinkaware.co.uk