

Are you being Controlled?

Does your boyfriend/girlfriend care about you?

Or is s/he just controlling you?

Is s/he deeply in love with you?

Does s/he help you live a better life?

Is s/he protective of you and helpful with decisions all the time?

Signs of a controlling partner

Now all of us try to control our partners subtly, especially when we feel like they're drifting or moving in a different direction. But unknowingly, this subtle urge to help our partner lead a better life could turn into a dangerous obsession for all the wrong reasons. You may think your partner loves you, but when you really think about it, you may realize that you're being controlled and deceived. You may never know you're dating an emotionally controlling person until it's too late. But you may want to do this quiz to find out the hidden signs of a controlling relationship.

Types of controlling partners

There are two types of controlling partners.

There's the violent physically abusive one, and then there's the caring, sensitive boyfriend/girlfriend who controls you emotionally.

It's easy to pinpoint a physically abusive controlling partner. If s/he has ever raised their hand on you for the smallest of reasons or uses force to tell you what to do, it's obvious s/he belongs to this type. S/he may love you a lot, but his/her urge to dominate your life could end up hurting you forever.