



Useful links:

The Samaritans offer training to professionals and outreach in public places, including schools. If there is a critical incident in a school, community meeting or workplace they can provide immediate support and advice, this is not only for suicide.

They have a guide for preparing a response plan in **schools**, details of support for **students, parents and carers** as well as **professionals**: www.samaritans.org

Support for children and young

<http://kingstonandrichmondlsqb.org.uk/children-young-people/self-harm-187.php>

Support for parents and carers:

<http://kingstonandrichmondlsqb.org.uk/parents-carers/self-harm-186.php>

Practitioners:

<http://kingstonandrichmondlsqb.org.uk/practitioners/self-harm-and-mental-health-192.php>

The LSCB offers the following free training

<http://kingstonandrichmondlsqb.org.uk/training.php>

Youth Mental Health First Aid

